



REGISTRATION FORM

Name: _____
Last First

Address: _____
City State Zip

Phone: _____

Weight: _____ Blood Pressure: _____

Do you have Diabetes? YES _____ NO _____

Do you have or have you ever been told you may have a medical condition that may inhibit your ability to be physically active? Yes _____ No _____

***If yes please contact your physician before changing or modifying your current diet and exercise plan.**

In order to participate in this event you must submit or mail in your registration form and \$50.00 registration fee to:

Make checks payable to: \$10,000 Weight Loss Challenge

**Kurt's Pharmacy & Hallmark
1203 Filer Ave E, Twin Falls, ID.
Twin Falls, ID. 83301**

You can either pay this fee individually or obtain sponsorship for the event. This \$50.00 registration fee will include:

- *6 free sponsored fitness events around the Magic Valley*
- *A T-shirt for weigh- in events and sponsored programs*
- *A chance to win one of 3 Grand prizes!!*
- *A chance to LOSE WEIGHT AND GET HEALTHY!!*

DROP OFF AT KURT'S PHARMACY

Rules and Regulations:

- **"The \$10,000 Weight Loss Challenge"** is a weight loss competition that will award the top 3 people who loose the highest percentage of body weight.
- Registration forms will be available at the kick off and will be available at any of the participating locations: Kurt's Pharmacy, McDonalds, YMCA, Elevation Sports, Barry Rental, Center For Physical Rehabilitation, KMVT or Mix 103, or online at: <http://www.kurtspharmacyhallmark.com>
- The competition will begin **JANUARY 3RD** and the initial weigh in will take place from 11am-4pm at Kurt's Pharmacy & Hallmark in the Lynwood Mall. Participants can weigh-in for the event up until **2 weeks** after the weigh-in at Kurt's Pharmacy.
- The deadline for all contestants to qualify for the \$10,000 weight loss challenge is 4pm on **Saturday January 17th**. At this time all contestants must have turned in their registration form, paid the \$50.00 registration fee and weighed in at
**Kurt's Pharmacy & Hallmark
1203 Filer Ave E, Twin Falls, ID.
Twin Falls, ID. 83301**
- After the initial weigh-in participants **must weigh with in the last week of each month** at Kurt's Pharmacy in the Lynwood Shopping Center.
 - **WEIGH IN SCHEDULE:**
 - FEBURARY 21ST -FEBRUARY 28TH
 - MARCH 21ST-MARCH 28TH
 - APRIL 25TH-MAY 2ND D
 - MAY 30TH -JUN 6th

*** FINAL WEIGH-IN SATURDAY JULY 11TH!!!**

WINNER WILL BE ANNOUNCED SATURDAY JULY 11TH

- The winners of this competition are the top three people that losses the highest percentage of weight. These people are guaranteed a cash prize of **\$6,000.00** for 1st, **\$3,000.00** for 2nd, and **\$1,000.00** for 3rd place!!!

*Percentage of weight loss is based on the contestants total body weight at the time of weigh in (January 3rd-January 17th, 2009) divided by the total amount of weight lost six months later. The final weigh in will take place Saturday July 11th, 2009 at the finale (location TBA).

YOUR COPY

Disclaimer

** We recommend the supervision of a medical professional before changing or modifying your diet and exercise plan.*

** NO WEIGHT REDUCTIVE MEDICAL PROCEDURES of any type will be permitted (i.e. gastric-stapling, gastric bypass, Lap-Band, etc, will be allowed. Any participant found using surgical weight loss intervention will be **disqualified**.*

** Prescription Medications used for weight loss are permitted, but only under the supervision of a medical doctor. All prescription medications used by contestants will require a prescription for use.*

** The money awarded at this contest cannot be won by employees or family members of Kurt's Pharmacy and Hallmark, Lee Family Broadcasting, Neuhoff Communications, United Dairymen of Idaho, Barry Equipment and Rental, YMCA of Magic Valley, Center for Physical Rehabilitation, Medtronic, McDonalds, Novo Nordisk, Elevation Sports or Roche Pharmaceuticals, however, everyone is invited to participate!!*

By signing this I am agreeing to all of the rules and regulations of the \$10,000 weight loss challenge. I understand the recommendations of the weight loss challenge and I release Kurt's Pharmacy and Hallmark and all of the participating sponsors of any liability

Signature_____

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